

## Resources

### Live Herb Plants and Herb Seeds:

Gardens of the Blue Ridge  
P.O. Box 10  
Pineol, NC 28862  
828 733-2417  
[www.gardensoftheblueridge.com](http://www.gardensoftheblueridge.com)

Richters  
Goodwood, Ontario  
Canada LOC1AO  
(905) 640-6677  
[www.richters.com](http://www.richters.com)

Sandy Mush Herbs  
Surrett Cove Rd.  
Leicester, NC 28748-9622  
(828) 683-2014  
[www.brwm.org/sandymushherbs](http://www.brwm.org/sandymushherbs)

Taylor's Herb Garden  
1535 Lone Oak Rd.  
Vista, CA 92084  
(704) 683-2014

Peaceful Valley Farm Supply  
P.O. Box 2209  
Grass Valley, CA 95945  
(888) 784-1722  
[www.groworganic.com](http://www.groworganic.com)

Plant It Herbs  
PO Box 851  
Athens, OH 45701  
740 662-3413  
[plantit@frognet.net](mailto:plantit@frognet.net)  
[plantitherbs.com](http://plantitherbs.com)  
(for Chinese herb plants)

Elixir Farm Botanicals  
General Delivery  
Brixey, MO 65618  
(417) 261-2393  
(Chinese medicinal herb)

seeds and plants)

Seeds of Change  
PO Box 15700  
Santa Fe, NM 87506  
(800) 957-3337  
[www.seedsofchange.com](http://www.seedsofchange.com)

Horizon Herbs  
PO Box 69  
Williams, OR 97544  
(541) 846-6704  
[www.chatlink.com/~herbseed](http://www.chatlink.com/~herbseed)

Mail-order Herbs:

Many of the herbs found in this course can be obtained from the following sources, which sell by the pound (herbs can be ordered in smaller amounts from the companies in the next section):

Blessed Herbs  
109 Barrie Plains Rd.  
Oakham, MA 01068  
(800) 489-4372  
[www.blessedherbs.com](http://www.blessedherbs.com)

Herbalist and Alchemist  
P.O. Box 458  
Bloomsbury, NJ 08804  
(908) 689-9020  
[www.herbalist-chemist.com](http://www.herbalist-chemist.com)

Pacific Botanicals  
4350 Fish Hatchery Road  
Grants Pass, OR 97527  
(541) 479-7777  
[www.pacificbotanicals.com](http://www.pacificbotanicals.com)

Trinity Herb Co.  
PO Box 1001  
Graton, CA 95444  
(707) 824-2040  
[www.trinityherb.com](http://www.trinityherb.com)

## **Organizations:**

The Lloyd Library: <http://www.libraries.uc.edu/lloyd/>

This site is small but interesting. The Lloyd Library is the nation's repository of Eclectic knowledge.

American Botanical Council: <http://www.herbalgram.org/directory.html>

Publishers of *Herbalgram* and source of numerous in print books.

The Herb Research Foundation: <http://www.herbs.org/index.html>

Current information on herbs and the herb world with a regulatory focus.

The American Herbalists' Guild: <http://www.americanherbalistsguild.com/>

This is America's professional group for herbalists, and it has a student level membership.

## **Books for Research**

Alleyne, J. *A New English Dispensatory*. London for Thomas Astley at the Rofe. 1733.

Bell, V.L. *Dose Book of Specific Medicines*. Cincinnati Lloyd Brothers. 1907.

Bensky, D and Gamble, A. *Chinese Herbal Medicine*. Seattle: Eastland Press. 1986.

Berkow, R., ed. *The Merck Manual of Diagnosis and Therapy*. Rahway, NJ Merck Sharp & Dohme. 1982.

Blumenthal, M. et al. *Herbal Medicine: Expanded Commission E Monographs*. Newton, MA: Integrative Medicine Communications. 2000.

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Cullen, W. *A Treatise of the Materia Medica*. New York: T & J Swords, etc. 1802.

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- Lust, J. *The Herb Book*. New York: Bantam Books. 1974.
- Mabey, R. *The New Age Herbalist*. New York: Macmillan Publishing Co. 1988.
- Madaus, G. *Lehrbuch der Biologischen Heilmittel*. Hildesheim: Georg Olms Verlag. 1976.
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- Morelli, I, et al. *Selected Medicinal Plants*. Rome: Food and Agriculture Org of the UN. 1983.
- O'Hanlon, D., trans. *Macer's Virtue of Herbs*. New Delhi: Hemkunt Press. 1981.
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